

Women's HEALTH COALITION ALBERTA

Creating a **movement** that empowers people to speak openly, learn freely and engage with purpose to address women's health, sexuality, wellness, and **strength**.

CONNECT » COMMUNICATE » ADVOCATE

SUPPORTING WOMEN'S LIFE JOURNEYS

AWARENESS

Increase awareness of women's health, resources, support, and issues - and engage the public to advance priorities in women's health

SUPPORT

Create a network of support and resources for women to connect, learn and engage

ADVOCACY

Build a community and foster a movement that ensures women's health is a priority

CHOICE

Ensure women have access to the right treatment and support options at the right time

RESEARCH

Understand, define and promote women's health based on patient experiences, evidence and research.

BETTER LIVED

PURPOSE STATEMENT

The Women's Health Coalition will take a leading role in informing community and advising government to improve support, services, and choice for women faced with menstrual, reproductive, and sexual health challenges.

WE WILL DO THIS BY:

CREATING a high level of awareness and education to promote an open and confident dialogue about sexual and menstrual health

LISTENING and understanding the emotional, psychological, physical and health care needs of women

ENSURING system navigation is easy to access, addresses interests of un-diagnosed patients, and provides a supportive journey

UNDERSTANDING impacts of system barriers and gaps navigating women's health

FOSTERING a patient choice model for integrated care including complimentary, alternative, traditional and conventional healthcare

MODELING opportunities for improvement based on existing best practices available for women in cancer, pregnancy and mental health

ENGAGING stakeholders from community, health care, industry and government to increase awareness, expand influence and ensure sustainability

Who is WHC?

The Women's Health Coalition is a network of...

- Women who have faced health challenges
- People and professionals who care for women
- People who care about women's health

Women who have learned from their experiences committed to creating better outcomes for other women.

The right support and treatment... at the right time

INFORMED: Easy to navigate, greater awareness, knowledge of treatment and care options.

CHOICE: Access to desired care and support, treatment choice, and pro-active health management

CONNECTED: Sense of belonging, Community support

BETTER LIVED EXPERIENCES:

Improved quality of life...Improved health outcomes

connect now!



Women's Health Coalition - ALBERTA
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